

Good For You – A unique guide that will help you eat and feel better!



Released on: August 14, 2009, 11:42 am

Author: **International Masters Publishers**

Industry: [Food & Beverage](#), [Healthcare](#)

Publishing House International Masters Publishers (IMP) announces the launch of [Good For You](#).

Good For You is a new collection of Recipe and Health Cards that will show you in easy to follow steps that you can eat the food you love and stay healthy without spending extra time in the kitchen. Good For You offers hundreds of great-tasting, affordable and healthy meals as well as nutrition tips. You will discover the benefits of different foods and how you can use them to help you and your family feel better.



One of our many satisfied customers says:

"(I have) osteoporosis, high blood pressure and arthritis. The health cards and recipes provide me with information I need to know about these diseases. Recipes are simple yet easy to follow; all in all they have been very helpful." **Mrs. Hillyard**

Introductory

Offer

Take advantage of our special offer now and receive a gift package worth up to £46.95 for just £2.99 towards postage and packing.

Your welcome pack will include:

- 36 tasty, easy-to-follow Good For You recipes (18 double-sided cards). Start eating more healthily and please everyone at your table
- 18 Good For You Health, Nutrition and Food Cards. Learn about Good For You foods in an easy-to-use format.
- An attractive Card Binder and Divider Cards – great for organising your Good For You collection, and keeping it neat and protected.
- Plus, a set of digital kitchen scales when you order today!

About

IMP

[IMP \(International Masters Publishers\) UK](#) creates products to inspire and inform its customers. For over 30 years, we have published high quality collections for the home and family. From cooking to craft, gardening to [wildlife](#), computers to classical music, IMP has a wide range of products for all ages. Each one is clearly written and brought to life through beautiful photography and imaginative illustrations.

Press Contact:

Andreas Arnell
Global Site Manager
International Masters Publishers
Phone: +46 40 665 40 28
Fax: +46 40 665 43 62
andreas.arnell@imponline.com

Address:
Box 803
201 80 Malmö
Sweden

~~~~~

Press release distributed via EPR Network (<http://express-press-release.net/submit-press-release.php>)