

Arm Lifts on the Increase



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The Hospital Group has reported that the arm lift procedure has increased by 21% over the last 3 years.

The appearance of saggy upper arms can be a consequence of rapid weight loss and can become more apparent with age as the excess skin can start to hang unattractively. This condition is commonly referred to as "bingo wings" and they are often quite difficult to change with exercise alone. With short-sleeved tops, this condition can cause embarrassment.

Regarding an increase in the procedure, a spokesperson for The Hospital Group said: "[Arm lifts](#) are often performed on patients who have lost a substantial amount of weight...often they have had weight-loss surgery, such as the [gastric band](#) procedure. Demand in weight-loss surgery has increased so this could account for the increase in this procedure."



The Hospital Group can help you achieve slim, toned arms with specialist arm lift surgery to remove the excess skin and tissue and reveal a much sleeker, younger shape.

The Hospital Group is one of the UK's leading providers of [Plastic](#)

[Surgery](#), number one in Obesity Surgery and Breast Enlargement experts. So whatever your requirements, you're in safe hands!

Since The Hospital Group was established in 1992, it has risen to become the UK's biggest weight loss surgery providers, performing more gastric procedures last year than the NHS. The Hospital Group is committed to providing the very highest standards and all procedures are performed by an expert medical team in state-of-the-art facilities that are second to none.

For further information of The Hospital Group's range of cosmetic surgery procedures, surgery-seekers should visit the website www.thehospitalgroup.org or call our patient care coordinators on 0845 762 6727.

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