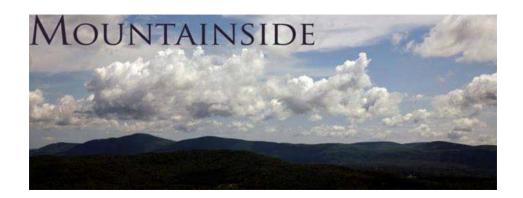
## Highly Effective Evidenced-Based Drug Rehab Garners Attention In New England



Released on: June 10, 2010, 04:28 am Author: **Mountainside Drug Rehab** 

Industry: <u>Healthcare</u>

NEW YORK- Within the medical field, it is commonplace to determine the effectiveness of a methodology or treatment by gaining empirical evidence via theory in practice. One particular drug rehab facility has dedicated the past 12 years to refining their treatment program to produce the most optimal outcomes for their clients.

Since their beginning over a decade ago, Mountainside Drug Rehab and Alcohol Treatment Center has been providing their patients with the most cutting-edge, effective drug addiction treatment program available. Recently, their decade-long body of work has culminated in their latest treatment model which has been trademarked and termed as the Integrated Care

Model.

Often times, drug rehab programs simply focus on symptom management of an individual's addiction. Rarely are treatment programs concerned with



all aspects of an individual, from physical symptom management, to spiritual aspects as well as any social issues that may arise due to the addiction.

"When we first began our program, we realized that, in order to maximize the chances for successful recovery, we must address all of the facets of an individual instead of merely offering symptom management," begins a spokesperson for Mountainside. "Most addicted individuals are disconnected from reality and out of touch with themselves. We take them through the process of individualizing a treatment plan specifically for them which addresses their complete needs. As a result, we are able to get people fully engaged in their recoveries. And, when a person is truly, fully invested in becoming well, the chance for successful, long-term sobriety skyrockets."

While core tenets of traditional <u>drug addiction treatment</u> are observed, Mountainside offers its clients a long list of treatment initiatives which are designed to appeal to a variety of different people from a variety of different backgrounds. As such, individuals are given what they need to become released from the powerful grip of drug and alcohol addiction.

The effectiveness of this particular methodology has been evidenced and witnessed by drug rehabs worldwide and has become the de-facto standard for drug addiction treatment programs.

For more than 12 years, Mountainside <u>Drug Rehab</u> and Alcohol Treatment Center has led the way in offering an individualized alcohol and drug addiction treatment program.

Mountainside's treatment team is committed to providing quality, compassionate care to each individual in a tranquil, peaceful environment conducive to optimal recovery. The program has won national attention and resulted in Mountainside being invited to Washington to meet with the White House Drug Czar, John P. Walters, who wanted to learn more about the innovative program offered at Mountainside.

In addition to its licensed and certified counselors and social workers, Mountainside provides medical services through an on-staff Nurse Practitioner and a Registered Nurse with specializations in drug addiction and alcohol treatment. Psychiatric services are available when needed.

If you or someone you love is addicted to drugs or alcohol, or if you have any questions, please contact us for a confidential inquiry at 800-762-5433.

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