

# Addiction Treatment Can Change Your Life With The Right Treatment Facility



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Malibu, California, April, 2009 – The current economical state of the country has been a stressful time for many individuals. A mounting pile of bills remains unpaid. Among that pile is a mortgage and a car payment with no end in sight for paying either. You can feel the financial pressure mounting on a daily basis. Just when you think it can not get worse, you receive notice at work that you are going to be laid off. All of these situations build up inside and are bound to create overwhelming feelings of never getting ahead or out from under the financial strains in your world.



You quickly look for an outlet for the stress. It is all too common for that outlet to be alcohol. At first there is not a problem. You are just having a drink to relax and forget about the financial stress of life. Then one drink becomes two and before you even realize what has happened, you are an alcoholic with a drinking problem. By this point you have damaged relationships, broken promises to loved ones and your life has fallen into utter chaos. You need to seek out an [alcohol rehab program](#) but just the mere thought of that has you reaching for another drink.

Take a deep breath and remember that you are not alone. You need a treatment center that feels like home. You need a place where you will be seen as a person and not another statistic. Look no further than Drug Rehab

Sunset Malibu. This is a revolutionary treatment center destined to change the way you and others in need of help receive [alcohol treatment](#).

Drug Rehab Sunset Malibu understands the point that has brought you to their front door. They are here to help and promise to be by your side every step of the way. Drug Rehab Sunset Malibu sees you as a whole body person in need of help. There is more to you than just the alcohol addiction issue. You are a living, breathing person in need of help. Your treatment begins with a one-on-one session with a trained counselor to determine the best course of treatment for you. It will be designed for you and address the individual needs you have and provide steps to get you on the right road towards recovery.

Treatment programs offered at Drug Rehab Sunset Malibu are a mixture of traditional and holistic programs. On the holistic approach you will undergo an acupuncture session or spend an afternoon in equine therapy. You will find relaxation and begin the healing process through massage therapy. On the traditional approach, you will undergo the pains of detoxification as your body cleanses itself of the toxins in your system. You will attend individual and group therapy counseling sessions and receive relapse prevention tools for when you are once again part of the outside world.

Separately a holistic and traditional approach to alcohol treatment does offer a certain degree of success. Drug Rehab Sunset Malibu understands this and that is why the rehabilitation center approaches alcohol treatment in a mixture approach of holistic and traditional programs.

Drug Rehab Sunset Malibu is tucked away in a secluded part of California and offers its residents a soothing environment to face the demons and put addiction behind them once and for all. You will have a variety of amenities available such as personal trainers, botanical gardens and world class chefs ready to prepare delicious meals for you around the clock. More importantly you will be forming a life long support system of friends, counselors and other staff members who will be there in those moments of weakness in the outside world.

About Drug Rehab Sunset Malibu: Drug Rehab Sunset Malibu is an [addiction treatment](#) facility located just outside Los Angeles that specializes in whole body drug and alcohol treatment programs. Holistic programs like equine therapy are combined with the traditional therapy approach to help an addict make a new lease on life.

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